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# Biodegradable Materials For Improving Oral Absorption Of Carbamazepine: An Eco-sustainable Approach

Eride Quarta, PhD

EUFEPS Annual Meeting

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# Environmental pharmaceutical pollution



# Drugs spread in world's rivers

## Pharmaceutical pollution of the world's rivers

John L. Wilkinson , Alistair B. A. Boxall , Dana W. Kolpin , , and Charles Teta  [Authors Info & Affiliations](#)

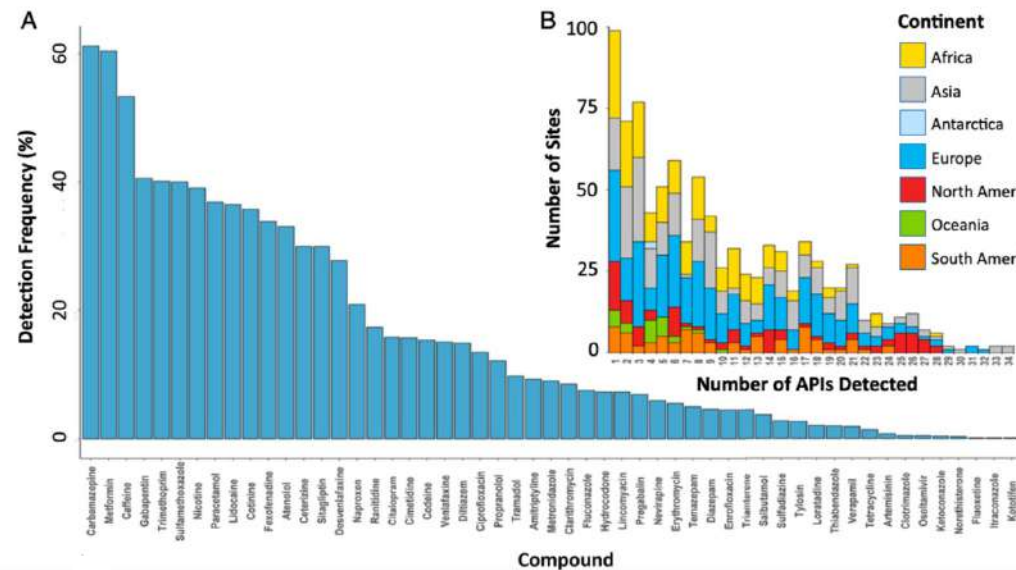
Edited by Andrea Rinaldo, School of Architecture, Civil and Environmental Engineering, Laboratory of Ecohydrology, Ecole Polytechnique Federale de Lausanne, Lausanne, Switzerland; received August 11, 2021; accepted December 10, 2021



471 million people



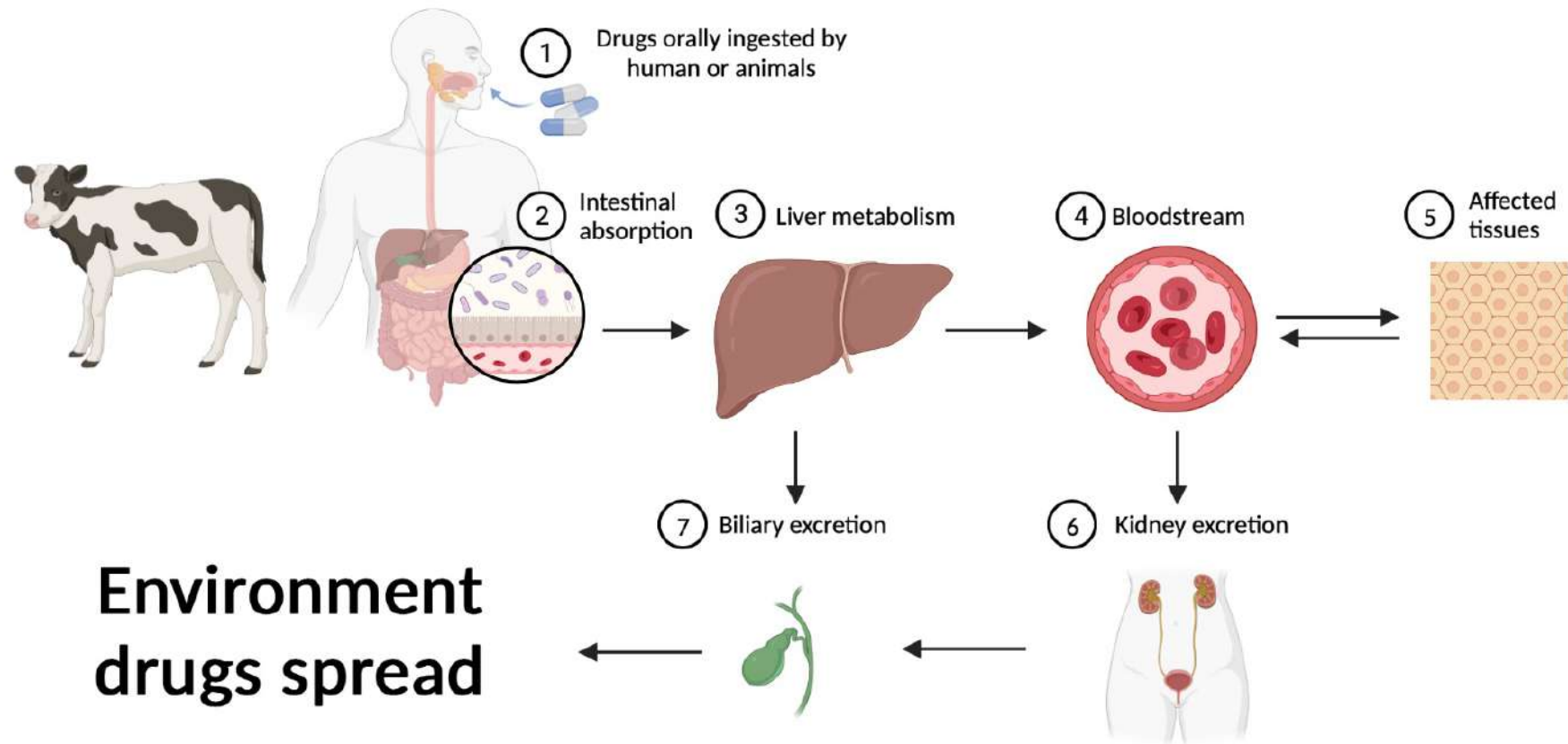
140 geographic regions



Detection frequency %	
<b>Carbamazepine</b>	<b>62,3</b>
Metformin	61,1
Caffein	56,1
Gabapentin	41,6
Trimethoprim	39,9
Sulfamethoxazole	39,7
Nicotine	38,7
Paracetamol	36,8

Wilkinson, J. L. et al. P Natl Acad Sci Usa 119, e2113947119 (2022)

# Poorly soluble and permeable drugs: an environmental risk

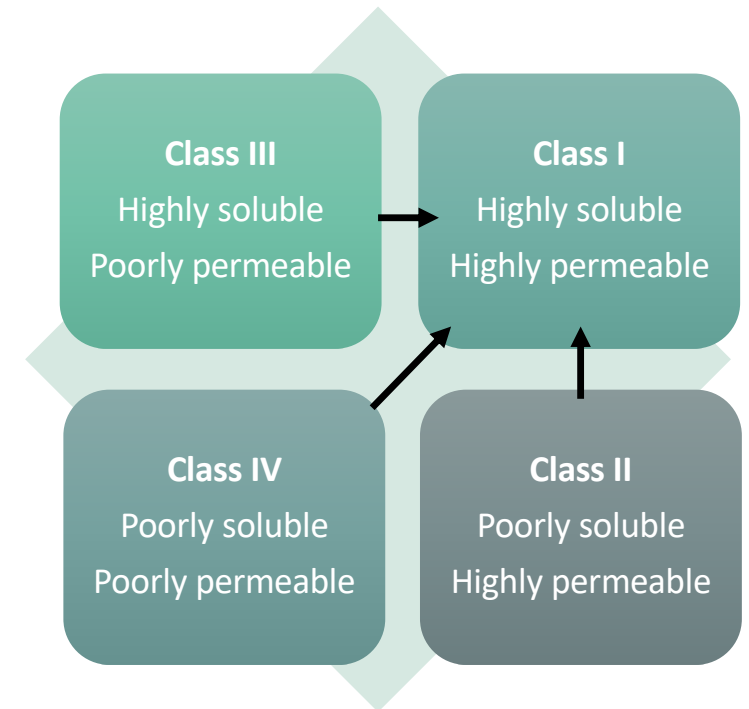
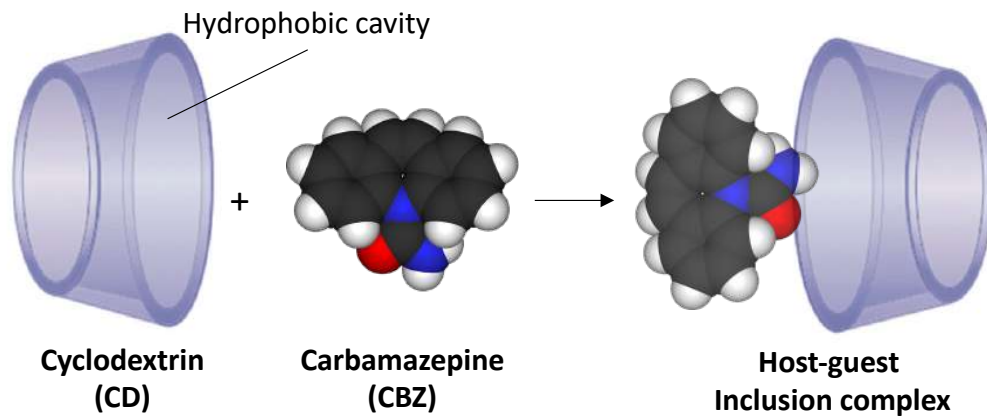


Rzymski, P., et al. *Limnological Rev* 17, 97–107 (2017)

# Biodegradable materials for improving solubility and oral absorption of poor soluble APIs

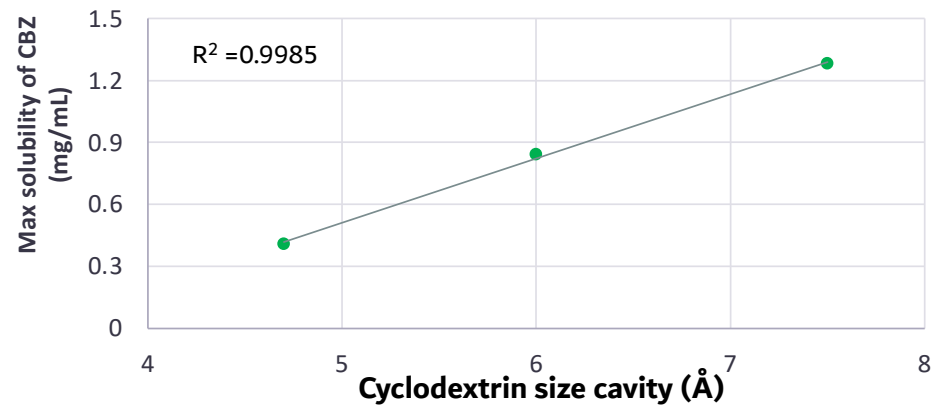
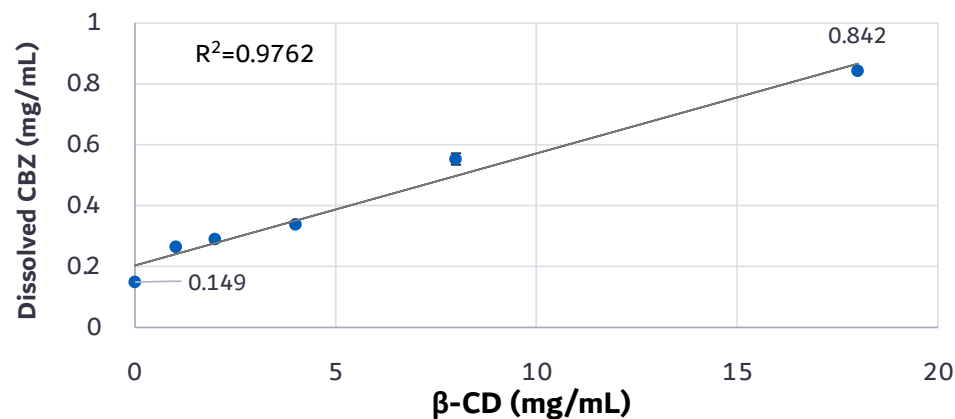
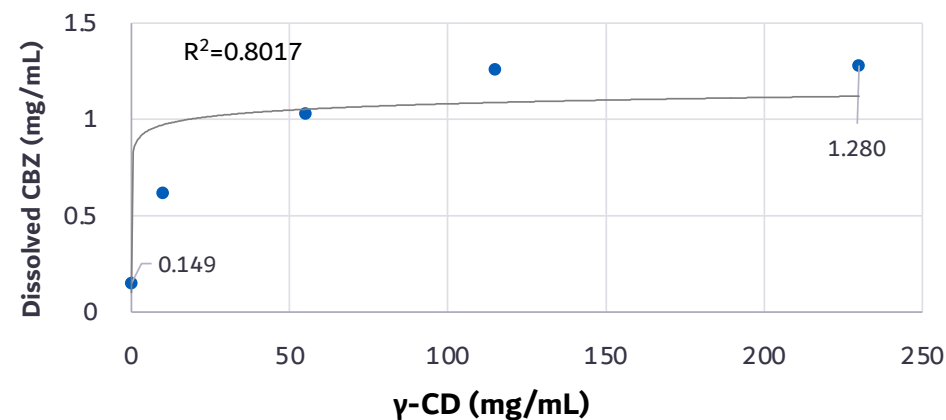
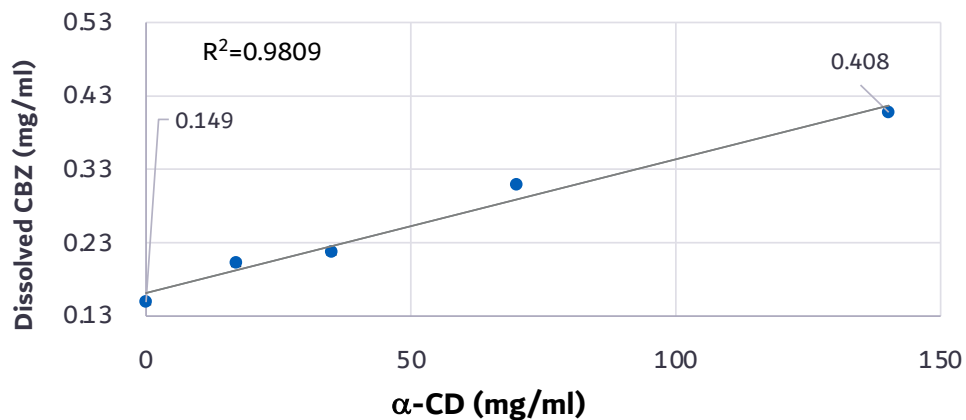
## Cyclodextrins natural or semi synthetic:

- biodegradable cyclic glucopyranose oligosaccharides
- drug solubility and bioavailability enhancer
- reduced administered doses of complexed drug
- low environmental spread

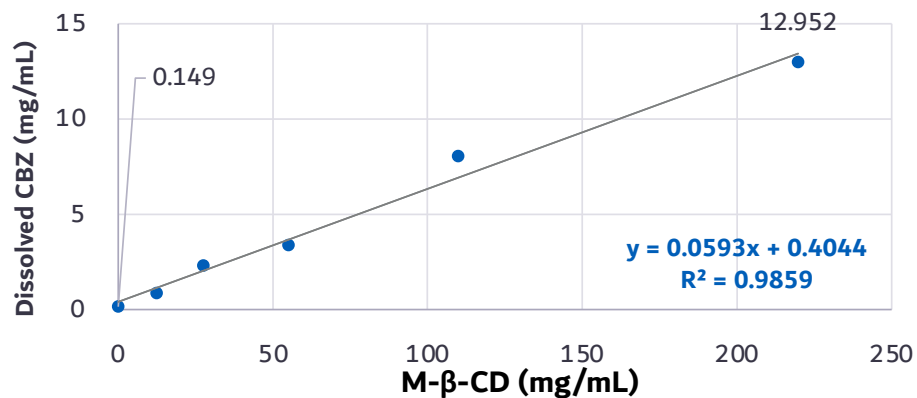
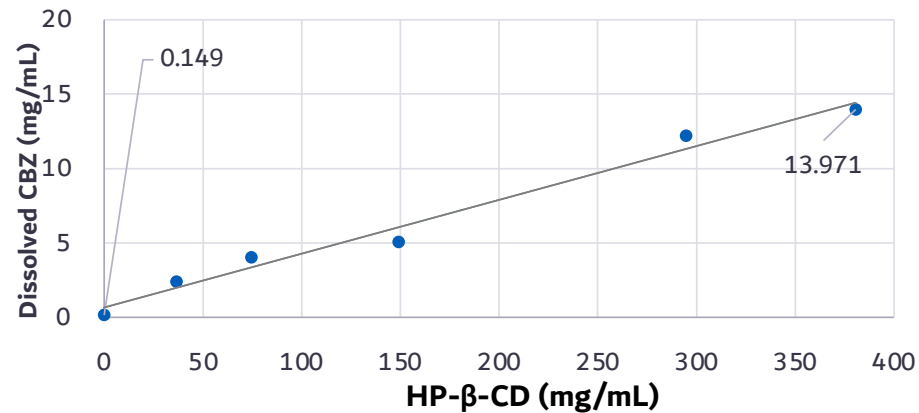
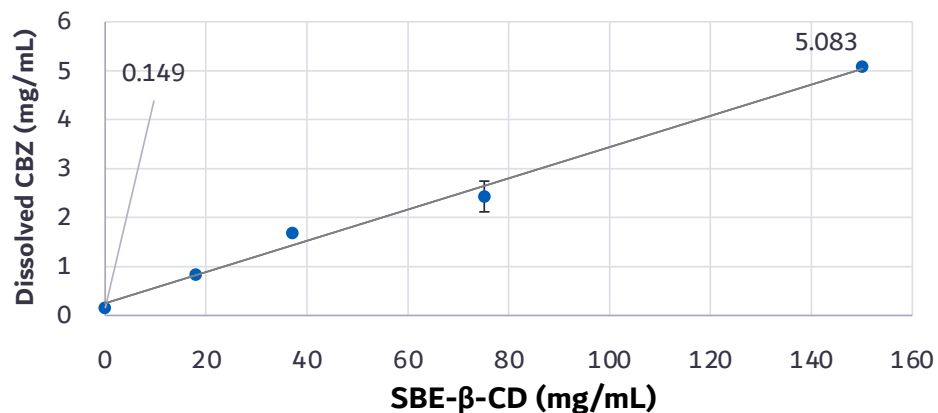


Jambhekar, S. S. & Breen, P. Drug Discov Today 21, 356–362 (2016).

# Phase solubility studies of CBZ with natural cyclodextrins in simulated colonic fluid

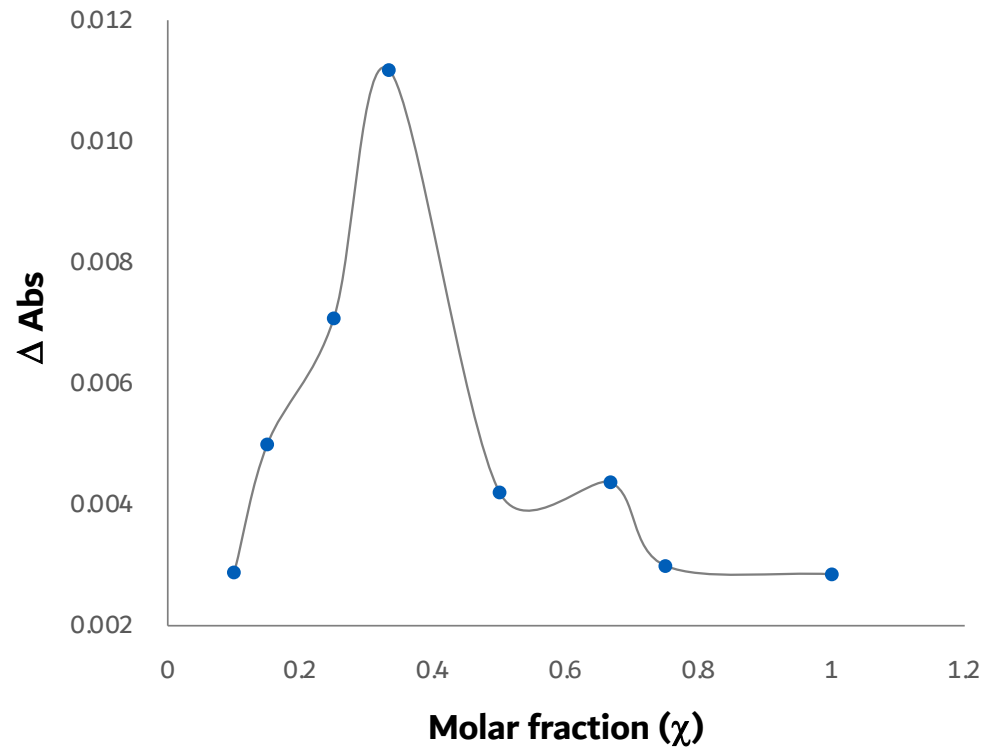


# Phase solubility studies of CBZ with synthetic cyclodextrins in simulated colonic fluid

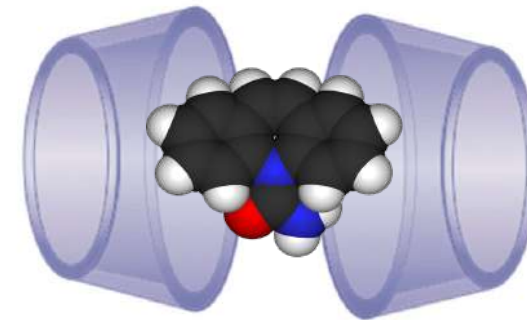


CD	CBZ (mM)	CD (mM)	[CD]/[CBZ]
<b>M-β-CD</b>	<b>54.8</b>	<b>184.5</b>	<b>3.4</b>
HP-β-CD	59.1	260.7	4.4
β-CD	3.6	15.9	4.5
SBE-β-CD	21.5	103.5	4.8
γ-CD	5.4	177.3	32.7
α-CD	1.7	143.9	83.3

# Job's plot construction to determine the stoichiometry of *host-guest* inclusion complex



**Stoichiometric ratio of 1:2  
between carbamazepine and M- $\beta$ -cyclodextrins**



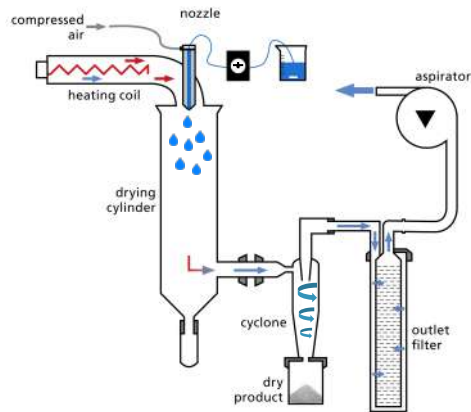
$$\text{Molar fraction } (\chi) = \frac{\text{mol CBZ}}{\text{mol (CBZ + M}\beta\text{CD)}} = 0.33$$



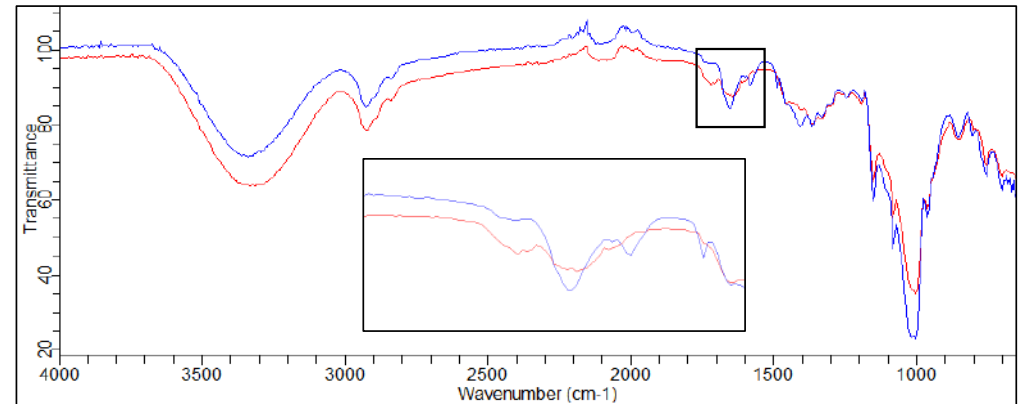
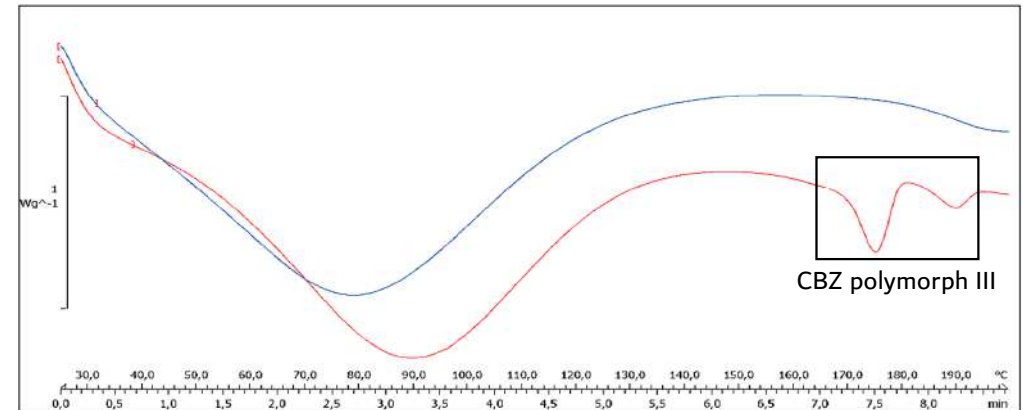
# Spray dried CBZ/M- $\beta$ -CD 1:2 complex characterization by DSC and IR

A comparison between spray-dried product and physical mixture:

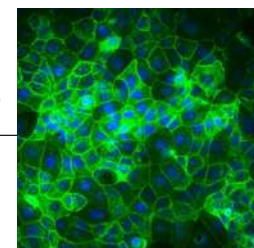
- conversion from CBZ polymorph form III to that amorphous form is revealed by DSC spectra;
- displacement in IR spectrum of water H-O-H bond within cyclodextrin by CBZ confirms the interaction between CBZ and M- $\beta$ -CD.



Spray drying Parameters	
Inlet T (°C)	120
Outlet T (°C)	65
Feed rate (ml/min)	3.5
Atomization Flow (L/h)	601
Aspiration rate (m <sup>3</sup> /h)	35
Nozzle diameter (mm)	1.4

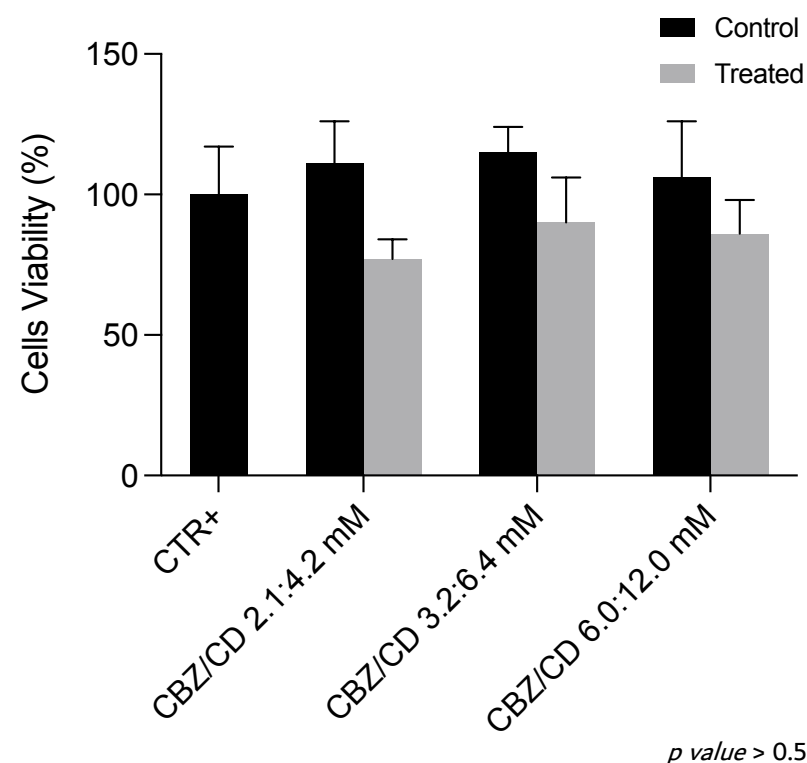


# Safety of CBZ/M- $\beta$ -CD complex on intestinal Caco-2 cells



- CBZ is marketed as Tegretol® tablet 400 mg;
- **120 mg** (*i.e.*, 30%) of unmodified CBZ is excreted as faeces;
- Descending colon fluid volume is **160  $\pm$  85 ml**.

Unmodified CBZ excreted as faeces (mg)	Descending colon fluid volume (ml)	Concentration of CBZ (mM)	Concentration of CD (mM)
120	245	2.1	4.2
	160	3.2	6.4
	75	6.0	12.0



# Conclusions

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- The **CBZ:M- $\beta$ -CD inclusion complex** is the most promising in terms of solubilization efficacy: apparent **solubility 90 times greater** than the initial CBZ solubility was obtained.
- The **amorphous spray dried *host-guest* 1:2 complex** was successfully manufactured and demonstrated to be **safe in Caco-2 cells**.
- The CBZ therapeutic effect can be obtained by administering a **lower drug dose by reducing the concentration in surface waters**.





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